

**Nutritional Counseling Order
for
Regence BlueCross BlueShield PEBB Members**

Regence will pay claims for PEBB members who access coverage of nutritional counseling according to terms of the Regence contract with PEBB.

To receive coverage for this benefit:

- You must access the benefit on referral from your healthcare provider.
- The provider must complete and sign this form to refer you to a registered dietician.
- You must provide the signed form to the registered dietician when you access this service.
- The registered dietician must submit the form with the claim to Regence.

Regence will deny claims that do not meet all these criteria.

Ordering provider: _____	
Provider's phone: _____	Date of referral _____
Patient name _____	Date of birth _____
Regence ID number _____	
Specific diagnosis _____	ICD-9 code _____
Goals of care: _____	
Provider's signature _____	
<ul style="list-style-type: none">• Services must be rendered by a registered dietician to be eligible for benefits.• A signed copy of this form <u>must</u> be attached to the billing to be considered for payment.• Please see below for a complete list of benefit guidelines.	

Your coverage pays for eligible nutritional counseling services as shown in the Summary of Benefits under physician visits.

Preferred provider and non-Preferred provider contract benefit levels apply.

Contracted registered dietitians can be found in your Provider Directory.

The benefit is available as a total of four member visits per lifetime with no pre-qualifying conditions and four member visits per year with the following qualifying chronic conditions:

- ✓ Heart Disease
- ✓ Cancer
- ✓ Diabetes
- ✓ Obesity

Nutritional counseling services may be available for additional qualifying chronic conditions. You may contact Customer Service in the Portland area at 503 220-3849 or from outside the Portland area at 1-800-826-9813 to see if you qualify.