



An Independent Licensee of the Blue Cross and Blue Shield Association.

Rates for Contracts Effective July 1, 2009 to September 30, 2009 for Oregon Residents

Blue Selections SM											Individual
Age	Premier					Plus				DentaCare	
Individual	\$500* Deductible	\$1,000 Deductible	\$2,500 Deductible	\$5,000 Deductible	\$7,500 Deductible	\$500* Deductible	\$1,000 Deductible	\$2,500 Deductible	\$5,000 Deductible	No Deductible	
0-17	\$131	\$120	\$96	\$78	\$61	\$115	\$102	\$78	\$60	\$31	
18-20	\$172	\$158	\$126	\$103	\$80	\$151	\$134	\$102	\$79	\$31	
21-24	\$207	\$190	\$151	\$124	\$96	\$182	\$161	\$123	\$94	\$31	
25-29	\$221	\$203	\$161	\$132	\$103	\$194	\$172	\$131	\$101	\$31	
30-34	\$252	\$231	\$184	\$150	\$117	\$221	\$196	\$150	\$115	\$31	
35-39	\$269	\$247	\$197	\$161	\$125	\$236	\$209	\$160	\$123	\$31	
40-44	\$345	\$317	\$253	\$206	\$161	\$303	\$269	\$205	\$158	\$31	
45-49	\$407	\$374	\$298	\$243	\$190	\$358	\$317	\$242	\$186	\$31	
50-54	\$473	\$435	\$346	\$283	\$221	\$415	\$368	\$281	\$216	\$31	
55-59	\$570	\$524	\$417	\$341	\$266	\$500	\$444	\$339	\$261	\$31	
60-64	\$656	\$603	\$480	\$392	\$306	\$576	\$511	\$390	\$300	\$31	
Married Couple or Domestic Partners											
18-20	\$345	\$317	\$253	\$206	\$161	\$303	\$269	\$205	\$158	\$62	
21-24	\$414	\$381	\$303	\$248	\$193	\$364	\$323	\$246	\$189	\$62	
25-29	\$442	\$406	\$323	\$264	\$206	\$388	\$344	\$263	\$202	\$62	
30-34	\$504	\$463	\$369	\$301	\$235	\$443	\$392	\$300	\$231	\$62	
35-39	\$539	\$495	\$394	\$322	\$251	\$473	\$419	\$320	\$246	\$62	
40-44	\$691	\$635	\$506	\$413	\$323	\$607	\$538	\$411	\$316	\$62	
45-49	\$815	\$749	\$597	\$487	\$381	\$716	\$635	\$485	\$373	\$62	
50-54	\$946	\$870	\$693	\$566	\$442	\$831	\$737	\$563	\$433	\$62	
55-59	\$1,140	\$1,048	\$834	\$682	\$532	\$1,001	\$888	\$678	\$522	\$62	
60-64	\$1,313	\$1,206	\$961	\$785	\$613	\$1,153	\$1,022	\$781	\$601	\$62	
One Adult & Child(ren)											
18-20	\$304	\$279	\$222	\$181	\$142	\$267	\$236	\$180	\$139	\$59	
21-24	\$338	\$311	\$247	\$202	\$158	\$297	\$263	\$201	\$155	\$59	
25-29	\$352	\$323	\$258	\$210	\$164	\$309	\$274	\$209	\$161	\$59	
30-34	\$383	\$352	\$280	\$229	\$179	\$337	\$298	\$228	\$175	\$59	
35-39	\$400	\$368	\$293	\$239	\$187	\$352	\$312	\$238	\$183	\$59	
40-44	\$476	\$438	\$349	\$285	\$222	\$418	\$371	\$283	\$218	\$59	
45-49	\$539	\$495	\$394	\$322	\$251	\$473	\$419	\$320	\$246	\$59	
50-54	\$604	\$555	\$442	\$361	\$282	\$531	\$471	\$359	\$276	\$59	
55-59	\$701	\$644	\$513	\$419	\$327	\$616	\$546	\$417	\$321	\$59	
60-64	\$787	\$724	\$576	\$471	\$368	\$692	\$613	\$468	\$360	\$59	
Family											
18-20	\$476	\$438	\$349	\$285	\$222	\$418	\$371	\$283	\$218	\$89	
21-24	\$546	\$501	\$399	\$326	\$255	\$479	\$425	\$324	\$250	\$89	
25-29	\$573	\$527	\$420	\$343	\$268	\$504	\$446	\$341	\$262	\$89	
30-34	\$635	\$584	\$465	\$380	\$297	\$558	\$495	\$378	\$291	\$89	
35-39	\$670	\$616	\$490	\$401	\$313	\$589	\$522	\$398	\$307	\$89	
40-44	\$822	\$755	\$602	\$491	\$384	\$722	\$640	\$489	\$376	\$89	
45-49	\$946	\$870	\$693	\$566	\$442	\$831	\$737	\$563	\$433	\$89	
50-54	\$1,078	\$990	\$789	\$644	\$503	\$947	\$839	\$641	\$493	\$89	
55-59	\$1,271	\$1,168	\$931	\$760	\$594	\$1,117	\$990	\$756	\$582	\$89	
60-64	\$1,444	\$1,327	\$1,057	\$864	\$675	\$1,269	\$1,125	\$859	\$661	\$89	

Contracts can be purchased for children 0-17. Only one child per contract. Age of eldest applicant determines rate.

Individual DentaCare available with any Blue Selections or HSA product (see over).

*Regence Premier \$500, Plus \$500, and HSA Qualified Plans are not available for new sales.



Regence

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Rates for Contracts Effective July 1, 2009 to September 30, 2009 for Oregon Residents

	Blue Selections SM				Regence (HSA)			HSA Qualified Plan		
Age	Basic				Health Savings Account					
Individual	\$1,000 Deductible	\$2,500 Deductible	\$5,000 Deductible	\$10,000 Deductible	\$1,500 Deductible	\$2,500 Deductible	\$3,500 Deductible	\$1,500* Deductible	\$2,500* Deductible	\$3,500* Deductible
0-17	\$90	\$70	\$53	\$31	\$101	\$85	\$76	\$97	\$81	\$72
18-20	\$119	\$93	\$70	\$41	\$132	\$112	\$100	\$128	\$107	\$94
21-24	\$143	\$111	\$84	\$49	\$159	\$135	\$120	\$153	\$129	\$113
25-29	\$152	\$119	\$90	\$53	\$170	\$144	\$128	\$164	\$137	\$121
30-34	\$174	\$135	\$102	\$60	\$194	\$164	\$146	\$187	\$157	\$138
35-39	\$186	\$145	\$110	\$64	\$207	\$175	\$156	\$199	\$167	\$147
40-44	\$239	\$186	\$141	\$82	\$265	\$225	\$200	\$256	\$215	\$189
45-49	\$282	\$219	\$166	\$97	\$313	\$265	\$236	\$302	\$254	\$223
50-54	\$327	\$255	\$193	\$113	\$364	\$308	\$274	\$351	\$295	\$259
55-59	\$394	\$307	\$232	\$136	\$438	\$371	\$330	\$422	\$355	\$312
60-64	\$454	\$353	\$267	\$157	\$505	\$427	\$380	\$486	\$409	\$360
Married Couple or Domestic Partners					\$3,000 Deductible	\$5,000 Deductible	\$7,000 Deductible	\$3,000 Deductible	\$5,000 Deductible	\$7,000 Deductible
18-20	\$239	\$186	\$141	\$82	\$265	\$225	\$200	\$256	\$215	\$189
21-24	\$286	\$223	\$169	\$99	\$319	\$270	\$240	\$307	\$258	\$227
25-29	\$305	\$238	\$180	\$106	\$340	\$288	\$256	\$328	\$275	\$242
30-34	\$348	\$271	\$205	\$121	\$388	\$328	\$292	\$374	\$314	\$276
35-39	\$372	\$290	\$220	\$129	\$414	\$351	\$312	\$399	\$335	\$295
40-44	\$478	\$372	\$282	\$165	\$531	\$450	\$400	\$512	\$430	\$379
45-49	\$564	\$439	\$332	\$195	\$627	\$531	\$472	\$604	\$508	\$447
50-54	\$654	\$510	\$386	\$227	\$728	\$616	\$548	\$702	\$590	\$519
55-59	\$788	\$614	\$465	\$273	\$877	\$742	\$660	\$845	\$710	\$625
60-64	\$908	\$707	\$535	\$315	\$1,010	\$855	\$760	\$973	\$818	\$720
One Adult & Child(ren)					\$3,000 Deductible	\$5,000 Deductible	\$7,000 Deductible	\$3,000 Deductible	\$5,000 Deductible	\$7,000 Deductible
18-20	\$210	\$163	\$124	\$72	\$234	\$198	\$176	\$225	\$189	\$166
21-24	\$234	\$182	\$138	\$81	\$260	\$220	\$196	\$251	\$211	\$185
25-29	\$243	\$189	\$143	\$84	\$271	\$229	\$204	\$261	\$219	\$193
30-34	\$265	\$206	\$156	\$92	\$295	\$249	\$222	\$284	\$239	\$210
35-39	\$277	\$216	\$163	\$96	\$308	\$261	\$232	\$297	\$249	\$219
40-44	\$329	\$257	\$194	\$114	\$366	\$310	\$276	\$353	\$297	\$261
45-49	\$372	\$290	\$220	\$129	\$414	\$351	\$312	\$399	\$335	\$295
50-54	\$418	\$325	\$246	\$145	\$465	\$393	\$350	\$448	\$376	\$331
55-59	\$485	\$378	\$286	\$168	\$539	\$456	\$406	\$520	\$437	\$384
60-64	\$544	\$424	\$321	\$189	\$606	\$513	\$456	\$584	\$490	\$432
Family					\$3,000 Deductible	\$5,000 Deductible	\$7,000 Deductible	\$3,000 Deductible	\$5,000 Deductible	\$7,000 Deductible
18-20	\$329	\$257	\$194	\$114	\$366	\$310	\$276	\$353	\$297	\$261
21-24	\$377	\$294	\$222	\$130	\$420	\$355	\$316	\$404	\$340	\$299
25-29	\$396	\$309	\$234	\$137	\$441	\$373	\$332	\$425	\$357	\$314
30-34	\$439	\$342	\$259	\$152	\$489	\$414	\$368	\$471	\$396	\$348
35-39	\$463	\$361	\$273	\$160	\$515	\$436	\$388	\$497	\$417	\$367
40-44	\$568	\$443	\$335	\$197	\$632	\$535	\$476	\$609	\$512	\$451
45-49	\$654	\$510	\$386	\$227	\$728	\$616	\$548	\$702	\$590	\$519
50-54	\$745	\$581	\$440	\$258	\$829	\$702	\$624	\$799	\$671	\$591
55-59	\$879	\$685	\$519	\$305	\$978	\$828	\$736	\$942	\$792	\$697
60-64	\$999	\$778	\$589	\$346	\$1,111	\$940	\$837	\$1,071	\$900	\$792

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