



Regence BlueShield is an Independent Licensee
of the Blue Cross and Blue Shield Association

Rates are based on the age of each applicant.

To qualify for the non-smoker rate, you must not have smoked cigarettes, cigars, pipes or used chewing tobacco, smokeless tobacco or any other form of tobacco or illegal drug substances within the past 12 months.

Families with one child pay only the one child rate. Families with two or more children pay the two or more children rate.

Preferred Plans (PPO)

Age Band Category	Catastrophic Plan \$1,820 Deductible	
	Non-Smoker	Smoker
	0-29	\$103
30-34	\$126	\$145
35-39	\$153	\$183
40-44	\$193	\$223
45-49	\$221	\$257
50-54	\$257	\$295
55-59	\$306	\$353
60 +	\$358	\$423
First Child	\$101	\$101
2 or More Children	\$192	\$192

Rates Effective January 2010

Rates are subject to change annually August 1, regardless of coverage effective date and may be adjusted anytime due to legislative mandates.