



Regence BlueShield is an Independent Licensee
of the Blue Cross and Blue Shield Association

Rates are based on the age of each applicant.

To qualify for the non-smoker rate, you must not have smoked cigarettes, cigars, pipes or used chewing tobacco, smokeless tobacco or any other form of tobacco or illegal drug substances within the past 12 months.

Families with one child pay only the one child rate. Families with two or more children pay the two or more children rate.

Preferred Plans (PPO)

Age Band Category	Catastrophic Plan \$1,750 Deductible	
	Non-Smoker	Smoker
0-29	\$103	\$115
30-34	\$126	\$145
35-39	\$153	\$184
40-44	\$194	\$224
45-49	\$222	\$258
50-54	\$258	\$296
55-59	\$307	\$354
60 +	\$359	\$424
First Child	\$101	\$101
2 or More Children	\$192	\$192

Rates Effective August 2009