



Regence BlueShield is an Independent Licensee
of the Blue Cross and Blue Shield Association

Rates are based on the age of each applicant.

To qualify for the non-smoker rate, you must not have smoked cigarettes, cigars, pipes or used chewing tobacco, smokeless tobacco or any other form of tobacco or illegal drug substances within the past 12 months.

Families with one child pay only the one child rate. Families with two or more children pay the two or more children rate.

Preferred Plans (PPO)

Age Band Category	Comprehensive Plan	
	\$750 Deductible	
	Non-Smoker	Smoker
0-29	\$243	\$269
30-34	\$297	\$328
35-39	\$351	\$397
40-44	\$439	\$510
45-49	\$510	\$599
50-54	\$583	\$681
55-59	\$708	\$810
60 +	\$854	\$1001
First Child	\$215	\$215
2 or More Children	\$409	\$409

Rates Effective January 2010

Rates are subject to change annually August 1, regardless of coverage effective date and may be adjusted anytime due to legislative mandates.