



Regence BlueShield is an Independent Licensee of the Blue Cross and Blue Shield Association

Rates are based on the age of each applicant.

To qualify for the non-smoker rate, you must not have smoked cigarettes, cigars, pipes or used chewing tobacco, smokeless tobacco or any other form of tobacco or illegal drug substances within the past 12 months.

Families with one child pay only the one child rate. Families with two or more children pay the two or more children rate.

Selections Comprehensive

Age Band Category	\$500 Deductible		\$1,000 Deductible	
	Non-Smoker	Smoker	Non-Smoker	Smoker
0-29	\$217	\$243	\$201	\$220
30-34	\$271	\$297	\$245	\$269
35-39	\$317	\$363	\$283	\$327
40-44	\$397	\$463	\$359	\$414
45-49	\$463	\$541	\$414	\$490
50-54	\$528	\$616	\$476	\$558
55-59	\$643	\$736	\$579	\$662
60 +	\$772	\$905	\$697	\$816
First Child	\$195	\$195	\$170	\$170
2 or More Children	\$369	\$369	\$325	\$325

Rates Effective January 2010

Rates are subject to change annually August 1, regardless of coverage effective date and may be adjusted anytime due to legislative mandates.