

I have limited income.

Can I get help with my Medicare prescription drug costs?

Yes, you may be able to get help with your premiums and cost-sharing when you join a Medicare prescription drug plan. Many people qualify and don't even know it.

How does the help affect me?

Depending on your level of help, you may receive:

- Lower premiums
- Lower deductibles
- Lower copayments and coinsurance
- No coverage gap

This table shows you what your monthly plan premium will be if you receive additional assistance from Medicare. This does not include any Medicare Part B premium you may have to pay.

| Your level of extra help | Monthly Premium for Regence Life and Health (RLH) Medicare Script |
|--------------------------|---|
| 100% | \$29.04 |
| 75% | \$38.40 |
| 50% | \$47.77 |
| 25% | \$57.13 |

How do I apply?

If you are not currently getting extra help, it is easy to apply. Here's how:

- Apply online at www.socialsecurity.gov; or
- Call Social Security at **1 (800) 772-1213** (TTY 1-800-325-0778) to apply over the phone or to have an application mailed to you; or
- Apply at your local Social Security office.

What happens next?

Social Security will review your application to see if you qualify. They will look at your annual income and resources. Some examples of resources are savings, stocks, bonds, cash and real estate. Resources that do not count are the home you live in and your car.

Then Social Security will send you a letter to let you know if you qualify for help with your Medicare prescription drug costs. If you do, they will also tell us which level of help you qualify for and we will adjust your premium and cost-sharing to the appropriate amounts.

So don't delay. Contact Social Security right away to see if you qualify.

Are there other ways to get help with my prescription drug costs?

Your state may have programs that can help pay your prescription drug costs. Contact your State Medical Assistance (Medicaid) office for more information. Call 1-800-MEDICARE (1-800-633-4227) or visit www.medicare.gov for their telephone number. TTY users should call 1 (877) 486-2048.

You may also contact our Customer Service Department at 1 (800) 541-8981 from 8 a.m. to 8 p.m. seven days a week. TTY users should call 711.

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