

Regence Advantages
TruVision Laser Vision Correction Program
Frequently Asked Questions

*Please contact TruVision directly if you have questions about LASIK or the discounted contact lens mail order program. TruVision operators are available Monday through Friday from 5 a.m. – 5 p.m. Pacific Standard Time at 1 (877) 518-2020. The TruVision **Web site is www.truvision.com**.*

1. What is TruVision?

TruVision provides a *discount* on laser vision correction procedures, including LASIK, PRK and IntraLase, to Regence members. The laser vision correction offer includes a comprehensive eye exam, pre and post-operative care and an enhancement warranty. Members pay \$1,295 per eye for Custom LASIK and \$1895 per eye for Custom LASIK with IntraLase. TruVision also offers a discount contact lens mail order program that Regence members can easily access via the Web or the TruVision toll-free telephone number.

2. Does Regence cover laser vision correction services?

No. Any costs associated with laser vision correction services are not normally covered by your health plan.

TruVision provides Regence members with discounted services only. Member premiums are not affected by the TruVision program and the costs for program services do not accumulate toward any calendar year deductibles, co-payments, co-insurance or lifetime maximum amounts.

3. How do I submit bills or receipts for laser vision services?

You don't. All laser vision correction services are a discount arrangement, therefore, Regence does not cover the cost nor reimburse for those services.

4. Do I have to use TruVision providers to receive the discount for laser vision services?

Yes. The discount is only available when members use TruVision providers. Members should contact TruVision directly for a listing of available providers in their area.

5. What is LASIK?

LASIK (laser assisted in-situ keratomileusis) is a surgical procedure that uses a cool beam of light to gently reshape the cornea (the surface of the eye) and improve vision. A thin layer of the cornea is lifted to create a protective flap. The laser then emits a beam that has enough energy to break the bonds between the molecules that make up the tissue on the eye's surface. Because it is a photochemical, and not a heating process, it allows the surgeon to sculpt very precise amounts of corneal tissue without any damage to adjacent tissue. The idea is to remove enough tissue to flatten the cornea (for nearsightedness), steepen the cornea (for farsightedness), and/or smooth out corneal irregularities (for astigmatism). The goal is to shape the cornea so it does a better job of focusing images onto the retina, for sharper vision. The flap is then returned for a quick, natural recovery. Patients experience little discomfort and can usually return to work the following day.

6. What is Custom LASIK?

It is a process that allows the surgeon to "customize" the LASIK procedure according to each patient's individual vision correction needs. In other words, the treatment is unique to each eye just as a fingerprint is unique. The use of Wavefront-guided technology provides the surgeon with an advanced method of measuring those individual optical distortions found in the eye. Wavefront technology specifically measures how light is distorted as it passes into the eye and then is reflected

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back. An optical map of the eye is then created, highlighting individual imperfections. This “mapping” allows for a more precise laser vision correction.

Custom LASIK may not be an option for all individuals. Consult with your eye care professional to determine your specific eye care needs.

7. What is IntraLase?

In the LASIK and Custom LASIK laser vision correction procedures, a flap of corneal tissue must be created and then folded back. The cornea is the transparent dome-like structure that covers the iris and pupil of your eye. By creating a flap in the cornea, the LASIK surgeon is able to perform the laser vision correction treatment on the inner layer of the cornea and allows for a rapid visual recovery.

With Bladeless LASIK (IntraLase), the LASIK surgeon uses a laser to create the corneal flap. This technology enables the LASIK surgeon to customize the corneal flap for every individual LASIK patient. In recent studies done by IntraLase, this technology may now make it possible to treat those who were previously dismissed as non candidates due to thin corneas.

8. How much does laser vision correction cost?

Members pay \$1,295 per eye for Custom LASIK and \$1895 per eye for Custom LASIK with IntraLase. TruVision accepts MasterCard or Visa and 100% financing is available. Members should contact TruVision directly for more information or to schedule an appointment.

9. Can I use my Health Reimbursement Arrangement (HRA) funds to pay for LASIK and laser vision correction services?

Laser vision correction services (LASIK) are not a covered health plan benefit, so the costs incurred are eligible expenses for your HRA.

10. Can I fund my Health Savings Account (HSA) or my Flexible Spending Account (FSA) to pay for LASIK and laser vision correction services?

Yes, you may fund your HSA or FSA to pay for LASIK and related services. Be sure to schedule a comprehensive eye exam with TruVision to determine if you are a candidate for laser vision correction and the exact cost before putting funds aside in your HSA or FSA account.

11. Do I incur any costs if I'm not a candidate for LASIK or PRK?

No. TruVision will prescreen you to determine if you are a candidate for laser vision correction services.

12. What if I change health-care plans after laser vision correction surgery, do I remain eligible for re-treatments?

Yes. Call TruVision directly for specific re-treatment warranty information.

13. Is a minimum purchase required to use the discount mail order contact lens program?

No.