

# Physical Medicine, Sleep Medicine and radiology program participation

Our Physical Medicine, Sleep Medicine and radiology programs apply to Regence members residing in Idaho, Oregon, Utah and Washington. This document identifies groups included and excluded from each program.

Prior to requesting authorization or an order number, please be sure to:

1. Verify member benefits and eligibility for services on the [Availity Portal](#).
2. Review our [complete pre-authorization lists](#) for all codes that require authorization or notification. Several spine procedures require pre-authorization outside of our Physical Medicine program. Failure to pre-authorize services subject to pre-authorization requirements will result in an administrative denial, claim non-payment and provider and facility write-off. Members may not be balance billed.
3. Review this document to determine if a member's group participates in our programs.

Tip: To search this document, press Ctrl + F (on a PC) or Command + F (Macintosh).

## Physical Medicine

Our Physical Medicine program is conducted by [eviCore healthcare](#) (eviCore) and includes the following components:

- Spinal surgeries
- Pain and joint management
- Physical medicine and therapies (physical [PT], occupational [OT], speech [ST] and massage therapies; acupuncture and chiropractic/manipulation treatments)

### Notes:

- eviCore may indicate that prior authorization is no longer required for an episode of care until an initial evaluation and management visit and up to six treatments have been performed. This applies to:
  - Regence BlueShield group and Individual members
  - Regence BlueCross BlueShield of Oregon group and Individual members on one of our Clark County, Washington products
  - Regence BlueShield of Idaho group and Individual members on one of our Asotin and Garfield County, Washington, products
- If additional care is necessary beyond the six treatment visits, please contact eviCore.
- There may be other pre-authorization requirements for spinal surgery, pain or joint management. Please review our [complete pre-authorization lists](#) for details. For questions, please call the number on the member card.

## Members 17 and younger

Select pediatric diagnoses are excluded from authorization requirements for therapy and complementary care services for enrolled dependents 17 and younger. Services are still subject to benefit limitations. Please review our [complete pre-authorization lists](#) for other pre-authorization requirements. [These diagnosis codes \(PDF\)](#) do not require an authorization from eviCore Healthcare for:

- Acupuncture
- Physical, occupational, speech and massage therapies
- Chiropractic/manipulation treatments codes

## Sleep Medicine

Our Sleep Medicine program is conducted by [AIM Specialty Health® \(AIM\)](#). Physicians and other health care professionals ordering the services listed below must first contact AIM to request an order number prior to rendering the following services:

- Titration studies
- Home sleep testing (HST)
- Oral appliances for sleep therapy
- In-lab sleep studies (Polysomnography [PSG])
- Initial treatment order (automatic positive airway pressure [APAP], continuous positive airway pressure [CPAP], bilevel positive airway pressure [BiPAP])
- An ongoing treatment order (APAP, CPAP, BiPAP)

The Sleep Medicine program applies to procedures performed in:

- Free-standing sleep centers
- Outpatient hospital settings
- Outpatient basis in a physician office

Providers should contact AIM to obtain an order number before scheduling or performing any elective outpatient home-based (unattended) diagnostic study or a facility-based diagnostic or titration study (free-standing or hospital), as well as for sleep treatment equipment and related supplies. Authorization for ongoing sleep therapy will depend on member compliance data provided to AIM by the durable medical equipment (DME) vendor.

### *Note:*

- Supplies for APAP, CPAP, BiPAP do not require pre-authorization.
- Compliance information for APAP, CPAP, BiPAP must only be submitted during the rent-to-purchase time period. Once the equipment has been purchased, we do not require compliance information.

Services performed in conjunction with any of the following are excluded from the program:

- Urgent care facilities
- Inpatient hospitalization
- Emergency room services

## Radiology

Our radiology program is conducted by AIM and has two components:

1. **Radiology Quality Initiative (RQI)** – Ordering or referring non-radiological physicians and other health care professionals must contact AIM to obtain an order number before scheduling an elective outpatient diagnostic imaging procedure. If an order number is not obtained from AIM prior to the imaging procedure being performed, the procedure will be considered a provider write-off and cannot be billed to the member.
2. **Advanced Imaging Authorization** – Advanced imaging services/procedures are reviewed by AIM for medical necessity
  - If AIM determines that the service does not meet medical necessity criteria, the requested service/procedure will be denied and an order number will not be provided.

Services or procedures performed without an approved order number will be considered a provider write-off and cannot be billed to the member.

## ASO/self-funded groups

Regence administers medical benefits for self-funded group plans, also known as administrative services only (ASO). ASO groups establish their own benefits, and Regence is the third party that administers their benefit plans. ASO groups can customize their plans and may not be subject to Regence administrative guidelines.

An [ASO group](#) may decide to purchase some or all of our radiology, Sleep or Physical Medicine programs during their annual renewal period. Renewal periods can vary by month, depending upon the group. It is therefore important to check this list for participation monthly. View the ASO member card using the Availity Portal.

Spinal surgery: ASO groups that do not participate in our medical management programs may have separate pre-authorization requirements with Regence. If you contact eviCore to pre-authorize a spinal surgery and you receive the message below, please review our pre-authorization lists for spinal surgery codes that require pre-authorization:

*No pre-authorization required at this time. Please note if this is for a spinal surgery, there may be additional pre-authorization requirements with your Health Plan. Please check the Health Plan's pre-authorization list on their provider website.*

## Joint administration

[Joint administration](#) describes a partnership between Regence and a third-party administrator (TPA). The TPA receives pre-authorization requests, supports members and manages member benefits. Questions about pre-authorization and requests should be directed to the TPA, as indicated on the member card.

All Regence members participate in all program components for radiology, Sleep Medicine and Physical Medicine unless indicated otherwise in the following tables.

Vendor	AIM Use the <a href="#">ProviderPortal</a> or call 1 (877) 291-0509			eviCore Use the <a href="#">online tool</a> , call 1 (855) 252-1115 or fax 1 (855) 774-1319	
Group number or product	RQI	Advanced Imaging	Sleep Medicine	PT/OT/ST, spine, joint, pain	Chiropractic, acupuncture, massage
Yes = Order number/authorization is required; contact the vendor. No = Order number/authorization is not required. Review our pre-authorization lists for other codes that require authorization or notification.					
<b>BlueCard</b>					
BlueCard (Blue Cross Blue Shield members from other Plans who are not Regence members): Refer to the member's plan for pre-authorization requirements.	NA	NA	NA	NA	NA
<b>Commercial</b>					
Commercial products (not ASO)	No	Yes	Yes	Yes	Yes
Group and Individual members receiving care outside our service area	Encouraged, not required. There is no out-of-area coverage for Individual plans in Oregon, Utah or Washington.				
<b>Federal Employee Program® (FEP)</b>					
Federal Employee Program® (FEP®). <i>Note:</i> FEP is not part of the claims compliance portion of this program. Please continue to obtain your order number for advance radiology services through AIM. If you encounter any eligibility issues, please contact <a href="#">FEP Customer Service</a> .	Yes	No	No	No	No
<b>Medicare</b>					
Medicare Advantage products	No	Yes	Yes	Yes	No
Medicare Advantage members receiving care outside our service area	Encouraged, not required. Claims will be reviewed for medical necessity once received.				
<b>Joint administration</b>					
70000000	NA. Contact <a href="#">AmeriBen</a> for pre-authorization requirements at 1 (800) 786-7930				
70000002					
70000004					
70000007					
70000008					
70000009					
70000010					
70000003	NA. Contact <a href="#">Innovative Care Management</a> for pre-authorization requirements at 1 (800) 862-3338				
70000005					

**Groups with unique program participation**

Yes = Order number/authorization is required; contact the vendor.

No = Order number/authorization is not required. Review our pre-authorization lists for other codes that require authorization or notification.

Vendor	AIM			eviCore	
	Use the <a href="#">ProviderPortal</a> or call 1 (877) 291-0509			Use the <a href="#">online tool</a> , phone 1 (855) 252-1115 or fax 1 (855) 774-1319	
Group number or product	RQI	Advanced Imaging	Sleep Medicine	PT/OT/ST, spine, joint, pain	Chiropractic, acupuncture, massage
10000673	Yes	No	No	Yes	No
10000750	No	Yes	Yes	Yes	No
10002570	No	Yes	No	No	No
10003334	Yes	No	Yes (does not apply to retiree plan)	No	No
10006006	No	Yes	No	No	No
10010186	No	Yes	Yes	Yes*	Yes*
10012673	No	Yes	Yes	Yes*	No
10017129	No	Yes	Yes	Yes	No
10017235	No	Yes	Yes	Yes*	No
10017241	Yes	No	Yes	No	No
10030041	No	Yes	No	Yes	Yes
10030116	No	Yes	Yes	Yes	No
10034065	No	Yes	No	No	No
10034839	No	Yes	Yes	Yes	No
10039042	No	Yes	Yes	Yes	No
10039905	No	Yes	Yes	Yes	No
10042152	No	Yes	Yes	Yes	No
10042153	No	Yes	Yes	Yes	No
60017845	Yes	No	Yes	No	No
60018408 (Cambia Health Solutions)	Yes	No	Yes	Yes	No
60020936	No	Yes	Yes	Yes	No
71318001	Yes	No	Yes	No	No
83519800	No	Yes	Yes	Yes	Yes
All other ASO groups (see table beginning next page)	Yes	Participation varies by group. <b>1) If a group is listed in the table starting on the next page</b> , they participate in our RQI program. They do not participate in our Advanced Imaging, Physical Medicine or Sleep Medicine programs. <b>2) If a group is not listed in this document</b> , please confirm Physical Medicine program participation with eviCore. *eviCore may indicate that prior authorization is not required until after the sixth consecutive treatment visit. If additional care is necessary beyond the six treatment visits, please contact eviCore.			

## Groups who participate in RQI but exempt from the Physical Medicine and Sleep Medicine programs

The groups in this table participate in our RQI program, but **do not participate** in our Advanced Imaging, Physical Medicine and Sleep Medicine programs. Groups may have other pre-authorization requirements for spinal surgery, pain or joint management. Review our [complete pre-authorization lists](#) for details.

1000187	10003790	10003934	10006283	10009613	10013067
10000535	10003792	10003941	10006394	10010327	10013071
10000761	10003794	10003948	10006411	10010329	10013075
10000780	10003800	10003955	10006411	10010395	10013117
10001401	10003801	10003964	10006441	10010410	10013222
10001957	10003802	10003976	10006712	10010500	10013296
10002156	10003811	10003979	10006786	10010850	10013672
10002211	10003814	10003980	10007143	10010934	10013771
10002583	10003818	10003984	10007178	10010934	10013882
10002612	10003822	10003986	10007186	10010991	10014526
10002933	10003824	10003988	10007206	10010991	10014778
10003141	10003825	10003989	10007237	10011027	10014978
10003369	10003833	10003993	10007250	10011601	10015065
10003547	10003834	10004011	10007253	10011845	10015545
10003578	10003836	10004013	10007445	10012201	10015550
10003727	10003838	10004169	10007472	10012301	10015587
10003749	10003841	10004172	10007474	10012482	10015636
10003751	10003845	10004380	10007485	10012547	10015637
10003754	10003856	10004615	10007486	10012620	10015713
10003756	10003857	10005292	10007537	10012644	10015803
10003760	10003858	10005578	10007640	10012672	10015841
10003763	10003864	10005579	10007680	10012785	10015894
10003767	10003872	10005699	10007830	10012925	10015935
10003770	10003879	10005716	10008002	10012928	10015986
10003783	10003914	10005720	10008199	10012978	10015986
10003788	10003919	10005978	10008695	10012991	10016010
10003789	10003930	10005978	10009484	10012994	10016021

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10016036	10019237	10029831	10035262	46540004	49400021
10016125	10019241	10029895	10035506	46540012	49400022
10016159	10019258	10029934	10035544	46540013	49400023
10016182	10019267	10029952	10035593	46540014	49400024
10016415	10019286	10030014	10035966	46540015	49400025
10016640	10020343	10030015	10036278	46540016	49400026
10016754	10020379	10030017	10036573	49400000	49400027
10017208	10020387	10030088	10038135	49400001	49400028
10017356	10020393	10030100	10039060	49400002	49400029
10017357	10020394	10030146	10039065	49400003	49400030
10017473	10020462	10030316	10039067	49400004	49400031
10017492	10020475	10030317	10039246	49400005	49400032
10017649	10020597	10030329	10039312	49400006	49400033
10017672	10020615	10030431	10039334	49400007	49400034
10017746	10021209	10033371	10039589	49400008	49400035
10017761	10027469	10033436	10039937	49400009	49400036
10017825	10027848	10033455	10040149	49400010	49400037
10017943	10027928	10034043	10040165	49400011	49400039
10018022	10027938	10034258	10040282	49400012	49400040
10018409	10028253	10034259	10040282	49400013	49400041
10018638	10028296	10034466	10040552	49400014	49400042
10018651	10028583	10034711	10040604	49400015	49400043
10018736	10028694	10034797	10042125	49400016	49400044
10019108	10028719	10034797	10042213	49400017	49400045
10019119	10029722	10034975	40000954	49400018	49400046
10019122	10029780	10034977	46540001	49400019	49400047
10019128	10029786	10035003	46540003	49400020	49400048

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49400049	49400077	49400104	49400131	49400159	49400186
49400050	49400078	49400105	49400133	49400160	49400187
49400051	49400079	49400106	49400134	49400161	49400188
49400052	49400080	49400107	49400135	49400162	49400189
49400053	49400081	49400108	49400136	49400163	49400191
49400054	49400082	49400109	49400137	49400164	49400192
49400055	49400083	49400110	49400138	49400165	49400193
49400056	49400084	49400111	49400139	49400166	49400194
49400057	49400085	49400112	49400140	49400167	49400195
49400058	49400086	49400113	49400141	49400168	49400196
49400060	49400087	49400114	49400142	49400169	49400197
49400061	49400088	49400115	49400143	49400170	49400198
49400062	49400089	49400116	49400144	49400171	49400199
49400063	49400090	49400117	49400145	49400172	49400200
49400064	49400091	49400118	49400146	49400173	49400201
49400065	49400092	49400119	49400147	49400174	49400202
49400066	49400093	49400120	49400148	49400175	49400203
49400067	49400094	49400121	49400149	49400176	49400204
49400068	49400095	49400122	49400150	49400177	49400205
49400069	49400096	49400123	49400151	49400178	49400206
49400070	49400097	49400124	49400152	49400179	49400207
49400071	49400098	49400125	49400153	49400180	49400208
49400072	49400099	49400126	49400154	49400181	49400209
49400073	49400100	49400127	49400155	49400182	49400210
49400074	49400101	49400128	49400156	49400183	49400211
49400075	49400102	49400129	49400157	49400184	49400212
49400076	49400103	49400130	49400158	49400185	49400213



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49400214	49400242	49400268	60017381	65001409	65001438
49400215	49400243	49400270	60017480	65001410	65001439
49400216	49400244	49400271	60018418	65001411	65001440
49400217	49400245	49400272	60019995	65001412	65001441
49400218	49400246	49400273	60020248	65001413	65001442
49400219	49400248	49400274	60020510	65001414	65001443
49400220	49400249	49400275	60020532	65001415	65001444
49400221	49400250	49400276	60020829	65001417	65001445
49400222	49400251	49400277	60021265	65001418	65001446
49400223	49400252	49400278	60021717	65001419	65001447
49400224	49400253	49400279	60022083	65001420	65001448
49400225	49400254	49400280	60022308	65001421	65001449
49400226	49400255	49400281	60024761	65001422	65001450
49400227	49400256	49400282	60025074	65001423	65001451
49400228	49400257	49870054	60026177	65001424	67000000
49400229	49400258	60007290	63000000	65001425	67000001
49400230	49400259	60007912	63000001	65001426	67000002
49400231	49400259	60010246	63000002	65001427	67000003
49400232	49400260	60010246	65001400	65001428	68000515
49400233	49400260	60010506	65001401	65001429	68000516
49400234	49400261	60010638	65001402	65001430	68000517
49400235	49400263	60013456	65001403	65001431	68000518
49400236	49400263	60014789	65001404	65001433	68000519
49400237	49400264	60014789	65001405	65001434	68000520
49400238	49400265	60016200	65001406	65001435	68000522
49400239	49400266	60016254	65001407	65001436	68000523
49400240	49400267	60017362	65001408	65001437	68000524

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68000525	68000552	68000579	68000606	68000633	68000660
68000526	68000553	68000580	68000607	68000634	68000661
68000527	68000554	68000581	68000608	68000635	68000662
68000528	68000555	68000582	68000609	68000636	68000663
68000529	68000556	68000583	68000610	68000637	68000664
68000530	68000557	68000584	68000611	68000638	68000665
68000531	68000558	68000585	68000612	68000639	68000666
68000532	68000559	68000586	68000613	68000640	68000669
68000533	68000560	68000587	68000614	68000641	68000670
68000534	68000561	68000588	68000615	68000642	68000671
68000535	68000562	68000589	68000616	68000643	68000672
68000536	68000563	68000590	68000617	68000644	68000673
68000537	68000564	68000591	68000618	68000645	68000674
68000538	68000565	68000592	68000619	68000646	68000675
68000539	68000566	68000593	68000620	68000647	68000676
68000540	68000567	68000594	68000621	68000648	68000677
68000541	68000568	68000595	68000622	68000649	68000678
68000542	68000569	68000596	68000623	68000650	68000679
68000543	68000570	68000597	68000624	68000651	68000680
68000544	68000571	68000598	68000625	68000652	68000682
68000545	68000572	68000599	68000626	68000653	68000683
68000546	68000573	68000600	68000627	68000654	68000684
68000547	68000574	68000601	68000628	68000655	68000685
68000548	68000575	68000602	68000629	68000656	68000686
68000549	68000576	68000603	68000630	68000657	68000687
68000550	68000577	68000604	68000631	68000658	68000688
68000551	68000578	68000605	68000632	68000659	68000690

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68000691	68000724	96000022	96000050	96000077	96000113
68000692	68000725	96000023	96000051	96000078	96000115
68000693	68000726	96000024	96000052	96000079	96000116
68000695	68000727	96000025	96000053	96000080	96000117
68000696	68000728	96000026	96000054	96000081	96000118
68000697	68000729	96000026	96000055	96000082	96000119
68000699	68000730	96000027	96000056	96000083	96000121
68000700	68000731	96000028	96000057	96000084	96000122
68000701	68000732	96000030	96000058	96000085	96000123
68000702	68000733	96000031	96000059	96000086	96000124
68000703	68000734	96000032	96000060	96000087	96000125
68000704	68000735	96000033	96000061	96000088	96000126
68000705	68000736	96000034	96000062	96000089	96000127
68000706	69300001	96000035	96000063	96000090	96000131
68000708	83942000	96000036	96000064	96000091	96000132
68000709	94900265	96000037	96000065	96000092	96000133
68000712	96000002	96000038	96000066	96000093	96000135
68000713	96000007	96000039	96000067	96000095	96000136
68000714	96000009	96000040	96000068	96000097	96000137
68000715	96000012	96000041	96000069	96000099	96000138
68000716	96000013	96000042	96000070	96000102	96000139
68000717	96000014	96000043	96000071	96000103	96000140
68000718	96000016	96000044	96000072	96000104	96000141
68000720	96000017	96000045	96000073	96000106	96000142
68000721	96000018	96000047	96000074	96000109	96000143
68000722	96000019	96000048	96000075	96000111	96000144
68000723	96000021	96000049	96000076	96000112	96000146

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96000147	96000187	96000223	96000266	96000300	96200031
96000148	96000188	96000224	96000267	96000301	96200032
96000149	96000189	96000225	96000268	96000302	96200033
96000151	96000190	96000226	96000269	96000303	96200034
96000152	96000191	96000227	96000270	96000304	96200035
96000157	96000192	96000228	96000271	96000305	96200036
96000158	96000194	96000229	96000272	96200001	96200037
96000160	96000196	96000230	96000273	96200002	96200038
96000161	96000198	96000235	96000277	96200007	96200039
96000162	96000199	96000238	96000278	96200009	96200040
96000163	96000201	96000239	96000279	96200012	96200041
96000164	96000202	96000240	96000281	96200013	96200042
96000165	96000203	96000243	96000282	96200014	96200043
96000166	96000205	96000244	96000283	96200016	96200044
96000169	96000206	96000246	96000283	96200017	96200045
96000170	96000207	96000247	96000284	96200018	96200047
96000171	96000208	96000249	96000288	96200019	96200048
96000172	96000210	96000250	96000289	96200021	96200049
96000174	96000211	96000251	96000290	96200022	96200050
96000177	96000212	96000252	96000292	96200023	96200051
96000178	96000213	96000253	96000293	96200024	96200052
96000179	96000216	96000255	96000294	96200025	96200053
96000180	96000217	96000257	96000295	96200026	96200054
96000181	96000218	96000258	96000296	96200026	96200055
96000182	96000219	96000260	96000297	96200027	96200056
96000185	96000221	96000262	96000298	96200028	96200057
96000186	96000222	96000263	96000299	96200030	96200058

## Groups who participate in RQI but exempt from the Physical Medicine and Sleep Medicine programs

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96200059	96200086	96200124	96200162	96200201	96200239
96200060	96200087	96200125	96200163	96200202	96200240
96200061	96200088	96200126	96200164	96200203	96200243
96200062	96200089	96200127	96200165	96200205	96200244
96200063	96200090	96200131	96200166	96200206	96200246
96200064	96200091	96200132	96200169	96200207	96200247
96200065	96200092	96200133	96200170	96200208	96200250
96200066	96200093	96200135	96200172	96200210	96200251
96200067	96200095	96200136	96200174	96200211	96200252
96200068	96200097	96200137	96200177	96200212	96200253
96200069	96200099	96200138	96200178	96200213	96200255
96200070	96200102	96200139	96200179	96200216	96200257
96200071	96200103	96200140	96200180	96200217	96200258
96200072	96200104	96200141	96200181	96200218	96200260
96200073	96200106	96200142	96200182	96200219	96200262
96200074	96200109	96200143	96200185	96200221	96200263
96200075	96200111	96200144	96200186	96200222	96200266
96200076	96200112	96200146	96200187	96200223	96200267
96200077	96200113	96200147	96200188	96200224	96200268
96200078	96200115	96200148	96200189	96200225	96200269
96200079	96200116	96200149	96200190	96200226	96200270
96200080	96200117	96200151	96200191	96200227	96200271
96200081	96200118	96200152	96200192	96200228	96200272
96200082	96200119	96200157	96200194	96200229	96200273
96200083	96200121	96200158	96200196	96200230	96200277
96200084	96200122	96200160	96200198	96200235	96200278
96200085	96200123	96200161	96200199	96200238	96200279

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96200281	96500002	96500022	96500204	96700017	96700037
96200282	96500003	96500023	96500205	96700018	96700038
96200283	96500004	96500024	96500206	96700019	96700201
96200284	96500005	96500025	96700000	96700020	96700202
96200285	96500006	96500026	96700001	96700021	96700202
96200286	96500007	96500027	96700002	96700022	96700203
96200288	96500008	96500028	96700003	96700023	96700203
96200289	96500009	96500029	96700004	96700024	96700204
96200290	96500010	96500030	96700005	96700025	96700204
96200292	96500011	96500031	96700006	96700026	96700205
96200293	96500012	96500032	96700007	96700027	96700206
96200294	96500013	96500034	96700008	96700028	99939000
96200295	96500014	96500035	96700009	96700029	99939002
96200296	96500015	96500036	96700010	96700030	99939006
96200297	96500016	96500037	96700011	96700031	96000001
96200298	96500017	96500038	96700012	96700032	96500033
96200299	96500018	96500200	96700013	96700033	
96200449	96500019	96500201	96700014	96700034	
96500000	96500020	96500202	96700015	96700035	
96500001	96500021	96500203	96700016	96700036	