

Effective November 21, 2016

Uniform Medical Plan ABA Therapy Clinical Considerations

ABA Therapy hours of service should reflect the number of and type of behavioral targets and key functional skills to be addressed and include a clinical summary justifying the hours requested for each behavioral target. The total hours of ABA Therapy requested should be comprised of fewer than 40 hours per week.

Any requests for greater than 40 hours per week should show documentation as to why more than 40 hours of therapy is medically necessary.

ABA therapy documentation should show the following:

- The client's response to ABA therapy services and progress being made
- Meaningful, measurable, and functional improvement, changes, or progress
 - Meaningful changes should be demonstrated by:
 - Data confirming the changes or progress
 - Documentation in charts and graphs
 - Durability over time beyond the end of the actual treatment session
 - Generalizable outside the treatment setting to the client's residence or the community within which the client resides
- Compliance with treatment plan, including keeping appointments, attending and participating in treatment and family training sessions, completion of homework assignments, and family application of training techniques as directed by the therapy assistant or LBAT.